

Document for students

# Staying alert



ENGLISH AS FOREIGN LANGUAGE  
Inattention and distraction



## Part 1: Distractions



### Lead-in

How do people get distracted while walking? Fill in the chart with as many ideas as possible.




### Video

Watch the video and answer the following questions.

What is the primary distraction for pedestrians in the video?

.....

What is the main message behind the video?

.....

What consequences happened while the people were distracted on their phones? Click the boxes.

falling into a fountain	walking into a pole	stepping on a snake	falling into a swimming pool
getting hit by a truck	falling into a ditch	getting hit by a scooter	walking into a closing elevator/lift
running into a truck	falling onto the railroad tracks	tripping on a stair	falling into a trap door/garbage chute
getting hit by a bike	walking into a bear	falling down the stairs	falling into a trap

Write a slogan about why it is dangerous to use your phone on the road.

.....

## Part 2: Selective attention test

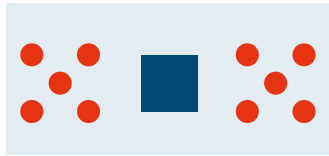


### Video

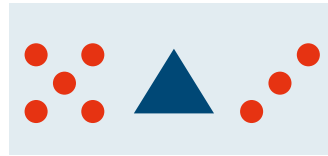
Watch the video and complete the task.

You will see many images that look like the following:

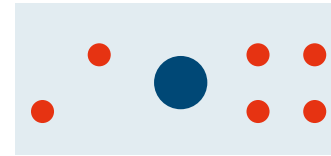
Example A



Example B



Example C



When the number of red dots ● is the same on both sides (Example A), put a mark in the «Double» column.

When you see a blue triangle ▲ (Example B), put a mark in the «Triangle» column.

When you see an image with neither double red dots nor blue triangles (Example C), **do not** put any mark.

Double red dots	Blue triangles

How many «doubles» did you see? .....

How many triangles did you see? .....

How do you think you can improve paying attention to your surroundings?

.....

.....

.....

Discuss how to improve paying attention to your surroundings with your classmates.

## Part 3: Be vigilant!



### Video

Watch the video and answer the following questions.

1. Would you distract your friend while he is shooting a goal? Why or why not?

.....

2. Would you distract your friend while she is diving off the diving board? Why or why not?

.....

3. Would you distract your friend while making a golf shot? Why or why not?

.....

4. The video concludes with «Young passengers and young drivers are a lethal combination. The car is no place to socialize.» What does this quote mean and why is it so important?

.....

.....

5. «Don't distract your friends when they are driving». Make a list of different ways drivers get distracted.


6. Discuss in pairs and come up with a list of advice for how to maintain concentration while driving and in general everyday life.




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